



BELLBRAE BULLETIN




Acknowledgement of Country Bellbrae PS



Our school sits in beautiful forest and coastal country, and is the traditional home of the Wadawurrung people. Today we acknowledge the care they have given to this land for thousands of years, and the care they continue to give. We always remember that our community learns and grows on Wadawurrung land and we acknowledge and pay our respects to Wadawurrung Elders past, present and emerging.


WADAWURRUNG LANGUAGE



waanawal

Southern boobook owl

Pronounced- 'waanawal'




bardangal

Pelican

Pronounced 'bah-dang-al'




THIS WEEK FROM THE PRINCIPAL

Remembrance Day – Thanks to Bob from the local RSL for once again visiting our school and helping us gain a deeper understanding of why we acknowledge Remembrance Day each year. It's important for our students to be aware of its significance and to acknowledge those people and animals who served our country in times of conflict. On Monday, students from across the school laid wreaths in commemoration after the formal service, which was led by our School Captains.

Bike Education – It's been fantastic to see so many students go through our formal Bike Ed program over the course of the year. Although most Bellbrae kids are fortunate to own bicycles and ride from an early age, the program builds on basic skills and enhances knowledge about traffic safety and using public roads. Riding a bike is great for general fitness and can have positive environmental impacts when used for commuting. Today our Grade Six students are doing their 'end of program ride,' which will be celebrated with a picnic lunch on the beachfront. They will also use the opportunity to do a litter clean up as a sign of respect and appreciation of our local environment.

Class Requests – Thank you to the parents who have offered some insights into the individual needs of students regarding class placements for next year. Please note that we cannot consider any further input as we are in the final stages of class allocation.

iPad Information Session – Grade Three parents are invited to an iPad information session on Thursday 21 November from 4 – 4.45pm. During the session staff will give an overview of the curriculum requirements that we need to fulfill, acceptable and responsible use of iPads, parent controls, cyber security, leaving the devices at school, purchasing options and other logistical issues. There will also be an opportunity for 'questions and answers.' A booklet will be distributed that will cover key issues for parents unable to attend the session.

Oval Update – the final stage of the oval update will begin early December and conclude before the end of the Christmas break. This will include lifting a large portion of the turf and replacing it with a more robust and aggressive growing grass species. We will endeavour to keep the flanks of the oval open for the last few weeks of school, and probably also open the nature play space to ensure our students have plenty of recreational space to use.

Flooding Update – the VSBA has finally accepted the quote for repair work, so let's hope the process will begin shortly. Yesterday a hygienist visited the impacted areas to ensure the mould had been eradicated, which was one of the key prerequisites before any further work could continue. Although the process has been a disruption, at least our students have had alternative spaces to use which have been more than adequate. Thank you to everyone for your understanding and flexibility while we have been working through the process.

Have a great weekend and enjoy the warm weather that has been forecast for the weekend.
Adrian

IMPORTANT DATES & INFO

ASSEMBLY DATES

22nd November
5th December

**Mon 18th - Fri 22nd
November**
Grade 5 Bike Ed Program

Monday 18th November
Grade 3 Scienceworks
Excursion

**Fri 29th November - Wed
4th December**
Grade 5 - 6 Aquatic Survivor

Wed 16th December
Grade 6 Graduation

20th December
End of Term
1:30pm End of Day

2025 DATES
**Curriculum Days -
Tues 28th and Wed 29th**
(Staff will be on site and the office will be open for any queries)

**First day of term 1 for
students -
Thursday 30th January**

Foundation Students - No school on Wednesdays for the month of February.



5261 2660



16th November
Rufus Wilson

17th November
Zali Huber Sundheim
Hazel Coy

18th November
Jimmy Hastie
Lana Synot

19th November
Xander Terzievski
Zoe Wilson

Safe to school

How to drop off and pick up children safely

What you can do

Supervise children in or near traffic.

The best way for children to learn to be safe on the roads is under your guidance, in real traffic, in everyday situations. Until children are about 10 or 11 years of age they do not have the necessary skills and physical abilities to be safe on their own so providing supervised practice is important.

Walk or cycle to school with your child.

Take the healthy option. If you can't walk the whole way, consider parking a few streets away and walking the rest of the way. Children under the age of 12 are allowed to ride on footpaths and so can adults riding with them.

Respect the road rules and parking signs.

It is important that parents park legally to provide a safer environment for children.

- Double parking restricts the view of drivers, forces children onto the road and obstructs the flow of traffic.
- Parking within 20 metres before a designated school crossing or 10 metres after is illegal.

Wait on the same side of the road as your child.

- Meet your child at the school gate to avoid your child dashing across the road.
- If picking up your child from the bus stop, wait on the same side as the bus.

If you need to drive to school, get your child into the habit of using the car's kerbside doors and ensure your child is using a booster seat or correctly adjusted seatbelt.

The safest doors are kerbside doors, away from traffic. For information about Victoria's child restraint road rules, visit vicroads.vic.gov.au/ChildRestraints

Participate in the development of a safe drop off and pick up strategy for your school.





Raise this issue with your school council and participate in the development of a 'safe to school' strategy. Visit vicroads.vic.gov.au/safetoschool for more information.



Please use our school crossings!!
DO NOT J-WALK ACROSS SCHOOL RD
IT IS NOT SAFE TO DO SO!!!!



VALUES AWARDS

 ASPIRE	 RESPECT	RESILIENCE 	 RESPONSIBILITY
LILLY VEENENDAAL FB	SPENCER MARTIN FE	OCEA JEAVONS FC	CHARLEY SAMUEL FC
CLEO ELDERFIELD FB	EVIE BEAVER 2C	XAVIER DRURY FD	INDIGO CARR 1B
BOWIE BIRD FC	HARVEY ALLAN 4A	BODHI BILLING 1B	ALBY TRIPP 1C
ISSY HENNESSY FD	LOUIE WILSON 4B	CHARLIE BUCKLEY 3A	NED STEELE-LANYON 3B
REMY TURNER FE	RUBY WILLIAMS 5B	EVIE SCOWN 3C	AMELIA LISTER 3C
HEIDI HAYTON 1B		FREDDIE VIVIAN-TAYLOR 3C	ISLA SYTEMA 5A
LUCIA JOHNSON 1D		KAI MILLER 4C	ORWELL SAWYER 5C
RUFUS WILSON 1C		LOLA BULLEN 5B	SEB COONEY 6A
MARTHA-ROSE PADGETT 1C			ROMEO BRISSENDEN 6B
SEBASTIAN FOX 2A			
CARYS MORZINEK 2B			
HUGO HURAT 2B			
MATILDA GRIGG 3A			
NIXIE HEANE 4B			
ALICE TARIK 4C			
SAM CROWE 5A			
SENN MARCH 6A			
JOEL O'KEEFE 6B			



School Wide Positive Behaviour Weekly Update

Our whole school focus in Weeks 7 and 8 will be showing our school value of Resilience - we solve problems together. All classes will engage in teaching and learning activities that explore:

- coming up with solutions and solving problems together using our words
- focussing on solutions not problems
- explaining the problem, identifying possible solutions and choosing one together



GRADE 4 URBAN CAMP

Two weeks ago, the grade 4's went on the amazing Urban Camp.

The weeks leading up to the camp were both nerve-racking and exciting. Before camp, we got a special camp booklet to write our predictions about camp and what we were looking forward to. We were also able to list things that were worrying us.

We knew about it at the start of the year, and can you believe they made us wait until Term 4!!

We were so excited, then when we got two days before camp, we were so nervous that none of us fell asleep the day before because we had that excitement. We got to school, and Mr O'Donnell gave us all a card with his phone number on it in case we got lost. He has never had to use it, but just in case.

After 1 hour and 15 minutes we arrived at our first stop, the National Gallery of Victoria.

There were so many amazing paintings and beautiful drawings. My group liked the sculptures and the massive elevator. Some groups liked the video clips and the paintings. After we left the NGV, we had our snacks and then walked to the MCG. First, we went inside the games room. We all had so much fun inside. We kicked the footy, played basketball and had a funny photo taken. This was followed by a tour of the MCG. The tour guide talked a lot about the history; there was lots of interesting stuff we didn't know about like how they dig up the cricket pitch and drop it outside when footy season is on. Once this was done, we had lunch in Yarra Park. After this, we caught a train from Jolimont Station to Flinders Street, and then another train out to Royal Park near the zoo.

When we got to camp, we finally found out who was in our cabin. We had to unpack, clean and get our room ready for the first inspection. We had a delicious dinner with chicken, rice and salad...but lots of people didn't really like the chicken. After dinner we did a Trivia night with lots of categories like animals, Christmas. Movies and more. We went to bed, it was very tough to get to sleep on the first night, but we were better in the morning.

On Day 2, we woke up and had a nice warm hash brown and delicious toast. We then walked about 15 minutes and caught a tram into the Victoria Market. When we got off, everyone was excited to start exploring the Queen Vic Market. There were so many cool trinkets and accessories to buy! Many of us enjoyed the market. Once everyone had found something to buy, the teachers rounded everyone up so that we could walk to Imax (which is in the Melbourne Museum). Before we went inside the theatre, everyone had a salad roll for lunch and some of us had a small bag of chips. The 3D movie was called "The Great Barrier Reef". To be able to watch the movie in 3D we had to wear special glasses. It felt as though you were really at the GBR.

After that, we hopped on an escalator up to the museum, then broke into our activity groups again to start exploring. Some groups merged together so that everyone would get to see everything in the small amount of time that we had. Some of the interesting exhibits were the animals, butterflies and dinosaurs. We weren't meant to go into the "First Nations" exhibit, but some groups snuck in anyway as it was quiet 😊

One of the very interesting things to see was a house from the olden days. There was a model of a very famous horse called "Pharlap". Everyone enjoyed the museum a lot!

After this, we headed to a nice park and had some afternoon tea. From here we walked 1km to Universal Restaurant. The food was delicious, and everyone enjoyed it very much. It was pizza and pasta and unlimited soft drink. We caught a tram back to camp and had some cabin time. After that we went into the multi-purpose room where we would be watching a movie. Everyone got to vote on what movie we watched. We decided upon "Ratatouille" Everyone had an amazing day.

On day 3 we woke up and had the same delicious breakfast as yesterday. After breakfast we started to pack. We began filling suitcases with our stuff. Our group made the room spotless so Mr O'Donnell would be pleased when he came to check on our rooms. Then we did a 15-minute walk along the walking path to the back entrance of the zoo. It started to get cold and when we entered the zoo, it rained heavily but it didn't last long, and the sun came out! We separated into our activity groups and walked around the zoo and saw crazy baboons and meerkats that were only 18 days old. We all had lots of fun at the zoo.

When we got back to Urban Camp, we had some lunch, then hopped onto the bus and headed back to school.

We got off the bus and collected our luggage. We were all really exhausted, and the teachers were very grumpy, especially Mr O'Donnell because we kept him up to 4:30am on the first night!! We waited for our parents to come and collect us to go home. We all had the best sleep on our own comfy beds.

A huge thank you to the teachers, especially Mr O'Donnell and the parent helpers, Birch, Adi and Andrea.

Written By - Lola, Olive, Harriet, Georgia, Izzy, Coco, Adela & Violet

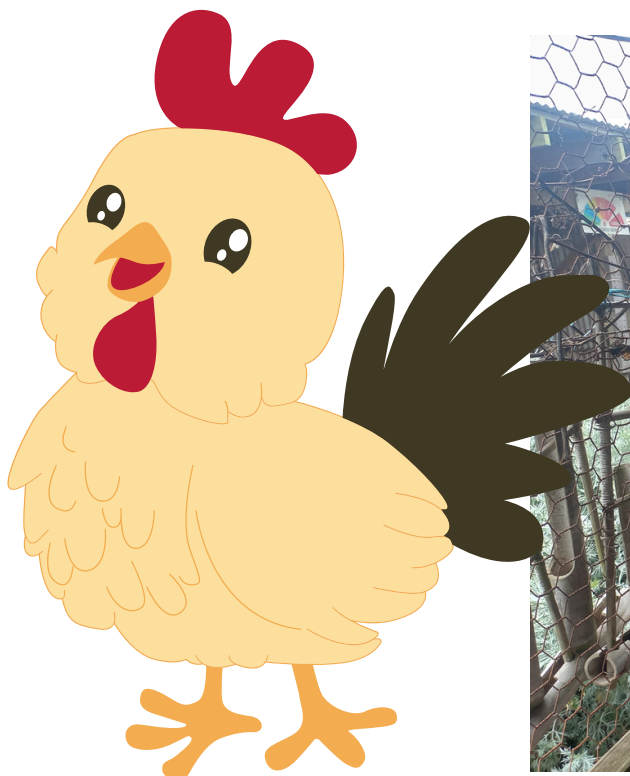
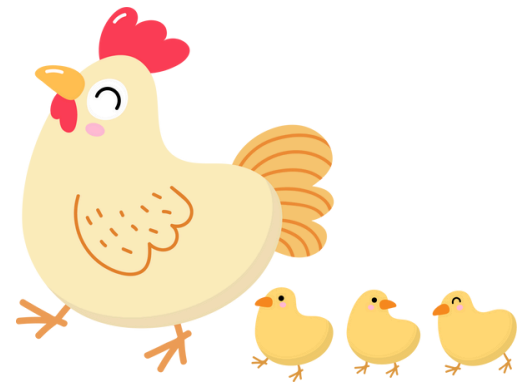


NEWS FROM OUR GRADE 6 CORE LEADERS

The grade 6 core leaders are so excited to welcome our new baby chickens into Bellbrae Primary school (Smokey, Marshmallow, Fifi and S'mores.) We are so happy to watch them grow up and get heaps of love from the students and teachers.

PS a friendly reminder don't welcome yourself into the chicken coop without permission from Mr Hurrell or core leaders, thank you.

From,
Indi, Ollie and help from Lexi, Hazel and Evie.



INDONESIA AND CULTURE DAY AT BELLBRAE PS

On Wednesday 11 December we will be celebrating Indonesia and Culture Day at Bellbrae. We are excited to have the team from BagusKan! come to our school to present a series of authentic Indonesian cultural dance, craft, movement and music workshops and performances including gamelan, pencak silat, angklung and tari topeng throughout the day.

To align with our Indonesian language learning and celebrate the end of a great year, all students will participate in one music-based workshop and one movement-based workshop, as well as two different craft activities. All students will get to watch an authentic wayang kulit performance at the conclusion of the day.

Students are invited to dress up in Indonesian colours (red and white) for the day, or to wear their uniform with a touch of red or white. The cost of this whole school incursion day will be \$10 per student payable through Compass. Further details to come!

Terima kasih!
Bu Kelly, Bu W dan Pak Brett



E Smart update 13 – 2024

Cyber Balance - 8 tips to keep on top of your child's screen time (part C)

How much is too much?

There is no magic figure. The right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their increasing technology learning needs (as they progress through the years of schooling where ICT becomes more and more of a focus) and your family routine.

It can be easy to focus only on the clock, but the quality and nature of what they are doing online, and your involvement, are just as important.

Consider your child's screen use in the context of their overall health and wellbeing. For example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



Set boundaries for digital device use in your home

Device-free zones and times can help you manage screen time. For example, your family plan could include rules like this:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- devices charged overnight in a place your child cannot access (or at school).

Reducing your own screen time also sets a positive example.

- You could also consider formalising your plan into a signed written agreement — a family online safety contract. Our advice in [online safety basics](#) has some tips on this.
- There should be clear consequences for not sticking to the agreement and it is important to follow through with these.

[Screen time | How much is too much? | eSafety Commissioner](#)

Mr O'Donnell
Year 4 & e Smart Bellbrae PS coordinator

A Guide to TikTok for Aussie Parents and Guardians

Put me on the fridge!



Helping your teens manage their online activity is important, but it can feel overwhelming if you're not familiar with the tools available to help you. Our *Guardian's Guide* shows you all of TikTok's safety features, and a step-by-step guide to *Family Pairing*, to put you in charge of your teens' account.

How to use Family Pairing:

1. Download the TikTok app.
2. In the TikTok app, tap Profile at the bottom.
3. Tap the Menu button at the top, then select settings and privacy.
4. Tap Family Pairing.
5. Tap Continue.
6. Tap Parent or Teen, then tap Next.
7. Follow the steps to link the accounts.



Safety and privacy protections for teens on TikTok

At TikTok, we consider the unique developmental needs of teens, meaning those accounts registered to teens 13-15 experience TikTok differently to those aged 16-17.

Feature	13-15	16-17	18+
Direct messaging	Not allowed	Off by default	Friends by default
Account visibility	Private by default	Private pre-selected, option to set to Public	Public
Comment rules	Only Friends can comment	Followers by default	Everyone
Going LIVE	Not allowed	Not allowed	Allowed
Daily screen time	60 minutes	60 minutes	Personal choice
Virtual gifting	Not allowed	Not allowed	Personal choice
Nighttime notifications	Disabled from 9pm	Disabled from 10pm	Personal choice

Digital Safety Pledge for Families

Our family pledge is a conversation starter to help serve as a contract between parents or guardians and teens.



We will work together to ensure safe, age-appropriate, and positive digital boundaries.

This is a partnership. We will show one another **respect, listen**, and remember to **ask questions**.

Family pairing agreements. We have discussed:

- Daily screen time limits and when to mute notifications
- Privacy settings to choose who can see or interact with you
- Filtering keywords to exclude content from your feed
- A 30 day check in to review the pledge

Teen Agreements

I will stop and think before deciding to act.

Before I do anything online - whether it's posting a comment, sending something to a friend, or interacting with someone I may not know in real life - I'll stop and think. Is it safe? Is it respectful? Is it real? If I'm unsure, I'll check with you or another trusted adult, like:

If I see something, I'll say something.

Even though apps have community guidelines, I may still encounter content or interactions that make me uncomfortable. If I see something that worries me or makes me feel uneasy, I'll tell you so that you can help me avoid it or report it.

I will understand the safety features of each app.

Caregiver Agreements

I will lead by example.

I understand that my behaviour sets the standard for our family's digital habits.

I will be available to chat.

I recognise that being available to talk will help you feel supported. Please don't be afraid to initiate a conversation. I will talk to you about what you're seeing online, who you're speaking to, and what you're enjoying.

I will always be there for you if things go wrong.

When you share a problem, I'll listen, ask questions, and focus on how we can navigate the challenge together.

I will respect your privacy.

My goal is to keep you safe while honouring your personal space. We'll work together to find a balance, and I'll explain why I may want to follow your online accounts, turn on safety features, or have certain access to your device.

What should happen if we don't follow these agreements:

Teen Signature:

Parent(s) / Caregiver(s) Signature(s):



REWILDING THE RIDGELINE

RESTORING NATURAL HABITAT AND BIODIVERSITY WITH YOUR FAMILY AND COMMUNITY



Make a positive environmental impact:

Help restore local ecosystems and learn about native flora, fauna and fungi.



Held in Friday "Community hour":

- Community hour is Friday's when assembly isn't on (dates to be confirmed).
- Sign out your kids* at the office at 2:30pm.
- Head down to the bike path beside the Great Ocean Road.
- Parents and kids both participate - it will be fun.
- Rewilding finishes at 4pm.



Get involved:

Sign up to **Rewilding the Ridgeline WhatsApp group** by contacting James (Patto) Patterson on **0403 943 757**. More details to come.

*Please note that your child might miss out on other Curriculum-based learning during Community Hour



JAMES PATTERSON 0403 943 757

www.springcreekvalley.org

SPRING
CREEK





Bellbrae Business Directory

Showcasing local businesses who support Bellbrae Primary

www.bellbraebusinessdirectory.com.au

Do you need a window cleaner, trades, financial advice, or a real estate agent? Visit the Bellbrae Business Directory to view a list of local Surf Coast businesses that can help you.

Please join us in supporting the businesses who support us.

Business Categories

- Health
- Trades & Services
- Retail & Hospitality
- Sport, Recreation & Fitness
- Finance & Legal
- Business Services
- Tourism
- Education & Training
- Pets & Animals
- Property & Construction
- Event Services
- Beauty & Massage
- Marketing & Advertising
- Activities & Hobbies

www.bellbraebusinessdirectory.com.au

**List your
business
NOW**

via the website



Lunch orders



Canteen

Wednesday, Thursday

ONLINE ORDERS



By 9.30AM DAILY



*** Reminder to complete your order. You must get to the payment section to complete. If you do not receive a payment confirmation and canteen order number via email, your order will not have been processed. (See below) ***

Compass
Canteen order - 20225224000641

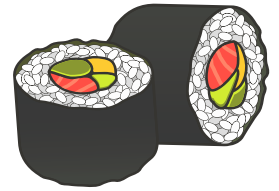
CompassPay
Payment Confirmation

Canteen - Specials

Please see canteen menu on the Compass App

Sushi Tuesdays

Online Only by 8pm Monday Nights healthysushi.square.site



COMMUNITY NEWS

GIVE KINDNESS
THIS
Christmas



Donate to the Geelong Giving Tree Appeal

15 NOV - 10 DEC

geelonggivingtree.com.au



Surf Coast FAMILY HUB

The Surf Coast Family Hub offers specialist care that is individually-tailored and enables continuity of support for families from the Surf Coast and beyond. Our multidisciplinary team offers perinatal support, addressing the wellbeing needs of people from pregnancy through to parenthood, along with general support for individuals and families facing challenging times. We work with infants, children, adolescents, individuals, couples and families.

Wherever you are in your journey, let us support you.

MAKE AN APPOINTMENT TODAY:

Jan Juc Village
16 Princes Terrace
Jan Juc

0491 184 788

www.surfcoastfamilyhub.com.au



Holistic, evidence-based care to support perinatal, child & family wellbeing.

OUR SERVICES:

- Perinatal & General Psychology
- Child/Adolescent Therapy
- Couples Therapy
- Massage
- Acupuncture
- Midwifery Continuity of Care
- Pregnancy/Birth/Postpartum Education
- Music Groups



ANGLESEA CRICKET CLUB
COME & TRY
JUNIOR TRAINING SESSION

SUNDAY 8th SEPTEMBER 10-12 ELLIMATTA RD ANGLESEA

ALL JUNIORS WELCOME
BOYS & GIRLS - U11, U13 & U15:
BRING YOUR FRIENDS

Senior coaches and players will be attending
Information on the 24/25 season will be available

SUSAGE SIZZLE
GIVE AWAYS
FAMILY FUN

FOR MORE INFORMATION CONTACT: PETER BUTCHER 0448 811 038

SIMPLIFY & SORT

"Where Clutter Ends, Calm Begins"

Are you a busy person, do you run a busy household?
We are here to help you.

If you don't have time, we do!

- Refresh & de-clutter your living spaces
- Help with downsizing/relocating
- Personalised service
- Eco-friendly practices

Whether its one cupboard, one room or the whole house.
We can help you regain functional flow & order.

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✉ simplifyandsort@gmail.com

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Celeste Winks
0421022832

WHR ALLIED HEALTH

Proud Gold Sponsors of the
2024 Bellbrae Mayfair

Our Torquay clinic has
IMMEDIATE CAPACITY
to provide occupational therapy
services to clients aged 3+

We are currently receiving
referrals for:
Private, Medicare, NDIS, My Aged
Care funded clients



OUR SERVICES

OCCUPATIONAL THERAPY

- Experienced & skilled in supporting people with ASD, ADHD, Intellectual Disability
- Paediatric OT
- Feeding Specialist
- Mental Health OT
- Home Modification
- SDA & SIL Assessment & Reports
- Therapeutic Listening Interventions
- Assistive Technology Assessment & Recommendations

THERAPY ASSISTANTS

- Implementation of WHR OT Skill Development Plans

GROUP PROGRAMS

- Sex Education
- School Readiness Programs
- Mental Health Support & Education

SCHOOL PROGRAMS

Contact us directly to provide services for:

- School OT
- Kinder Screening
- School Readiness
- WholeMind
- Teacher Webinar Series
- Sensory Regulation Strategies
- Classroom Environmental Audits



We have immediate capacity! Visit our website or contact our admin team to refer!

📍 40 Baines Cres. Torquay, VIC
Clinic, home, school, kinder, or community visits available!

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0431 556 720

✉ admin@whralliedhealth.com

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PREMIER For boys and girls aged 9 - 11 years	HOLIDAYS Exciting school holiday programs	BIRTHDAYS Soccer themed birthday parties

REGISTER NOW

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Creating Playgroup Communities

PlayConnect+

Supporting Families With Children With a Disability or Developmental Concern

Torquay Children's Hub
27 Grossmans Road, Torquay
Tuesdays 9:30am - 11:30am

PlayConnect+ playgroups are open to all children with disability and/or developmental concerns aged 0-6 years. Our playgroups are for children, their families, carers and siblings. No diagnosis is required. All sessions will be facilitated by qualified professionals. PlayConnect+ playgroups are a great way for families to connect, share knowledge, ideas, and have fun!

Register your interest with our local facilitator
Helen Punton
hpunton@playgroup.org.au
Ph: 0472 722 587

Scan the QR Code for more information

🌐 playgroup.org.au 📧 @playgroupvicofficial
☎ 1800 171 882 📌 /playgroupvic



TORQUAY AFTER SCHOOL



GEELONG REGIONAL LIBRARIES

CHECK OUT OUR RANGE OF TERM 4 AFTER SCHOOL PROGRAMS AT TORQUAY LIBRARY



Chess Club

Test your wits and challenge yourself with chess! Learn the basics, develop strategy and practise with others in a friendly environment. Suitable for beginners and advance players.

Every Monday
4pm-5pm
Ages 8-15
Facilitated Drop-in



Youth Mix

Mix it up each week with a bit of art, craft, games, tech, and good company. Range of activity options available based on what YOU want to do.

Every Wednesday
4pm-5pm
Ages 12+
Facilitated Drop-in



MEGA Lego Club

Join other LEGO fans, explore your creativity and see where your imagination can take you. Take up the weekly challenges or freestyle your own brick creations.

Every Thursday
3:30pm-4:30pm
Ages 5+
Unfacilitated Drop-in



Horrid Histories

Write like an Egyptian, invent like Da Vinci and learn how the Romans used the toilet! Come along to this four-week program based on the Terry Deary books and TV series, Horrible Histories.

Friday for 4 weeks
Starting 18th Oct
4pm-5pm
Ages 8+
Bookings Required

book now

All events are **FREE** unless otherwise specified.
Bookings recommended to save your place!
Online grlc.vic.gov.au
In person at any branch, or phone 03 4201 0600

grlc.vic.gov.au

BAKING BUDDIES



MONDAY 4:00-5:30pm

A therapeutic baking program focusing on:

- learning to follow instructions and use kitchen tools
- exploring new foods and textures
- practising teamwork and problem-solving
- building social connections and mealtime skills
- tuning into hunger and fullness cues for mindful eating

Designed to engage children in a fun, hands-on baking experience while working on essential life skills. And get creative in the kitchen!

enquiries@fscf.com.au
OR 5264 7430 for more info



Does your
child
need someone
to talk to?

Child Therapist

Meaghan Cook

MPP, GradDip Psy (Adv),
Grad Dip Psy, Grad Dip Ed, BA



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P: 03 42441030



Surf Coast

GUITAR LESSONS

Beginner - Advanced

LEARN GUITAR WITH LOCAL MUSICIAN
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PAST STUDENTS HAVE BEEN ACCEPTED
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UNIVERSITY FOR FURTHER MUSICAL
STUDY.

TOMMY CATERS HIS LESSONS FOR
STUDENTS INDIVIDUALLY AS WE ALL
HAVE DIFFERENT MINDS, AND THINK /
LEARN DIFFERENTLY!

LESSON COSTS:
30 MINUTES - \$50
60 MINUTES - \$70

TOMMY - 0405 128 108
TOMMYCASTLEMUSIC@PROTONMAIL.COM



COME AND JOIN THE FUN

OCTOBER 2024 TO MARCH 2025

GIVING KIDS AGED 5 – 17 THE OPPORTUNITY TO COMPETE IN A RANGE OF ATHLETIC EVENTS EACH WEEK.



For more information visit www.glac.com.au

Or

Email grovedalelittleaths@outlook.com

Register online at www.lavic.com.au



OUR JUNIOR TENNIS PROGRAM

Are you looking for an enriching and enjoyable activity for your child that promotes fitness, skill development, and teamwork?



At JV Tennis Academy, we prioritize enjoyment alongside improvement, ensuring every child feels welcomed and motivated to succeed.



Our expert coaches bring a wealth of experience and infectious energy to every session, ensuring your child learns, grows, and thrives on and off the court.



Life's busy – we get it! That's why we offer classes Monday through Friday, right after school. With three convenient locations in Torquay, Jan Juc, and Bellbrae.



JV Tennis Academy is more than just a tennis school – it's a vibrant community where young athletes thrive and friendships flourish. Our mission? To inspire, educate, and empower the next generation of tennis champions!

Our Junior Hot Shot programs cater to kids aged 4 to 12, offering a dynamic blend of skill-building, strategy, and pure tennis fun! Whether your child dreams of mastering the perfect serve or simply want to rally with friends, our expert coaches are here to make it happen.

Join us for a free trial session!

Don't miss out on the opportunity and book in a free trial session today! For more information, visit our website at www.jvtennis.com.au or contact us directly at admin@jvtennis.com.au

Looking forward to seeing you on court!



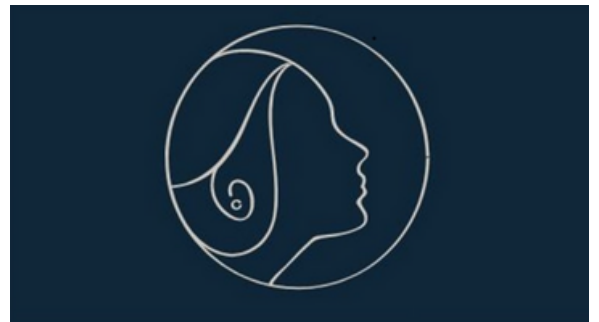
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OUR SERVICES

OCCUPATIONAL THERAPY

- Experienced & skilled in supporting people with ASD, ADHD, Intellectual Disability
- Paediatric OT
- Feeding Specialist
- Mental Health OT
- Home Modification
- SDA & SIL Assessment & Reports
- Therapeutic Listening Interventions
- Assistive Technology Assessment & Recommendations

GROUP PROGRAMS

- Sex Education
- School Readiness Programs
- Mental Health Support & Education

SCHOOL PROGRAMS

- Contact us directly to provide services for:
- School OT
 - Kinder Screening
 - School Readiness
 - WholeMind
 - Teacher Webinar Series
 - Sensory Regulation Strategies
 - Classroom Environmental Audits

THERAPY ASSISTANTS

- Implementation of WHR OT Skill Development Plans



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