



# BELLBRAE BULLETIN

## Acknowledgement of Country Bellbrae PS



Our school sits in beautiful forest and coastal country, and is the traditional home of the Wadawurrung people. Today we acknowledge the care they have given to this land for thousands of years, and the care they continue to give. We always remember that our community learns and grows on Wadawurrung land and we acknowledge and pay our respects to Wadawurrung Elders past, present and emerging.



## WADAWURRUNG LANGUAGE

go-yin  
wallaby

barnong  
ringtail Possum



## THIS WEEK FROM THE PRINCIPAL

**Welcome to Term 2** - This is our first official Newsletter for the term, so although we've been back a few weeks, welcome back! It certainly has been busy on all fronts with a lot of activity happening around the school. This has included sporting events, special assemblies, incursions, preparation for the Mayfair, teacher/parent interviews, and an entertaining 'Bellbrae has got Talent' show. Well done to all our students, and thanks to all the staff for creating these opportunities.

**Mayfair** - Thank you to everyone who has contributed to our upcoming Mayfair. This is our school's major fundraiser and wouldn't be possible without the support of parents and our broader school community. We appreciate all the volunteer help that has been offered and the generous donations from our families. A special thanks to our School Council, Belinda, Judy and Tony, who have all been integral in the planning and coordination of activities. Additionally, thanks to Clint Fisher for organising, as well as funding, the Welcome to Country Ceremony, which will officially open our Mayfair on Sunday morning.

**Student Leadership** - Recently our School Captains have been involved in a number of community events where they have done our school proud. These include ANZAC Services and a Leadership Conference. Please have a read of their experiences below:

**Anzac Day** - As you may know, last Thursday was Anzac Day. The school captains were kindly invited to lay a wreath and read a poem at the dawn Anzac Day Service. It was a very early start to the day and you certainly had to rug up as it was extremely cold. We met Mr Schmidt near Cosy Corner at 5:15am and walked up to the service. Phoebe, Harmony and Romeo went and sat in a V.I.P seating area with Mr Schmidt, ready to lay the wreath and Chloe went and sat up on stage ready to read her poem. The service went for about an hour and it was certainly a once in a lifetime time opportunity to be able to speak and lay a wreath at the Dawn Service. We would like to thank all the people who put together that service to pay our respects to all the soldiers who fought for our country.



## IMPORTANT DATES & INFO

Sunday 5th May  
MAYFAIR

7th & 8th May  
Foundation - Life Ed  
Incursion

Friday 17th May  
Grade 5 - Point Addis  
Excursion

Monday 10th June  
Kings Birthday Public Holiday

Friday 28th June  
Last Day Of Term  
2:30pm finish

Monday 15th July  
Term 3 Begins

**Future Curriculum Days**  
Monday 5 August 2024  
Monday 4 November 2024



5261 2660



**Leadership Conference** - Earlier this week, on the 29th of April, the school captains were invited to a leadership conference in Geelong. Mr Waters drove us to the Geelong West Town Hall where we met Phil. The car ride with Mr Waters was definitely a great opportunity to get to know each other more. We were taken inside to our seats and were surprised with some little booklets with some fun activities inside. At 9:15am the presentation started. It was all about some tips and tricks about how you can run your school, how to spread the word about new additions or changes around your school correctly, and some values that describe leadership. It was a really fun day and we certainly did learn some new skills about being a leader. Thank you to all the staff who make these things possible.

**School Council** - Our first School Council Meeting for the term will be held this coming Monday. Included on our Agenda is the vision for the year, and the 2023 Annual Report to the Community.

This report that gives an overview of the school's performance over the last year will be published on our website after it has been tabled and endorsed by the School Council. We are very fortunate to have a very committed, passionate and energetic School Council President, Emily Torney, who has been instrumental in leading a number of initiatives around the school, as well as securing grants for general the betterment of Bellbrae PS. She deserves a special 'shout out' and a big thanks from all of us.

**Front Play Space** - We are in the process of signing off the final works on the inclusive play area at the entrance to the school. The last few items to be included is the erection of the third flag-pole and a new sign at the front gate.

The students are loving having an additional recreational area, which also complements the existing spaces we already have. Bellbrae is very fortunate to be blessed with amazing facilities, and together with our wonderful staff, make this school the fantastic place that we all enjoy being part of.

**Enjoy the upcoming weekend and we look forward to your attendance at the Mayfair.**

**Adrian**



## BIRTHDAYS

A big happy birthday to those students who celebrated their special day over the holidays.

15TH APRIL  
ADELINE DYSON

16TH APRIL  
ISAAC TAYLER  
COCO CLYNE

17TH APRIL  
ETHAN EARLE  
ALICE TARIK

18TH APRIL  
SEAN BYRNE

20TH APRIL  
JACK WEBBER  
RUBY MEE

22ND APRIL  
WEST RAHILLY  
HUNTER MENOQUE

25TH APRIL  
TY GLENNIE  
JACK MUGAVIN  
LOLA MUGAVIN  
RIVER ISAAC

26TH APRIL  
RUFUS FISHER

27TH APRIL  
ARCHER DRURY

29TH APRIL  
RORY DUNCAN  
JARVIS ESSING  
HARLA PERRY  
JOSHUA NEWBOULD

30TH APRIL  
JENNY BECKER

2ND MAY  
JACK LOCK  
FLETCHER NUTT

5TH MAY  
GRIFFIN STANLEY  
RYDER EDWARDS  
EVIE ALSOP

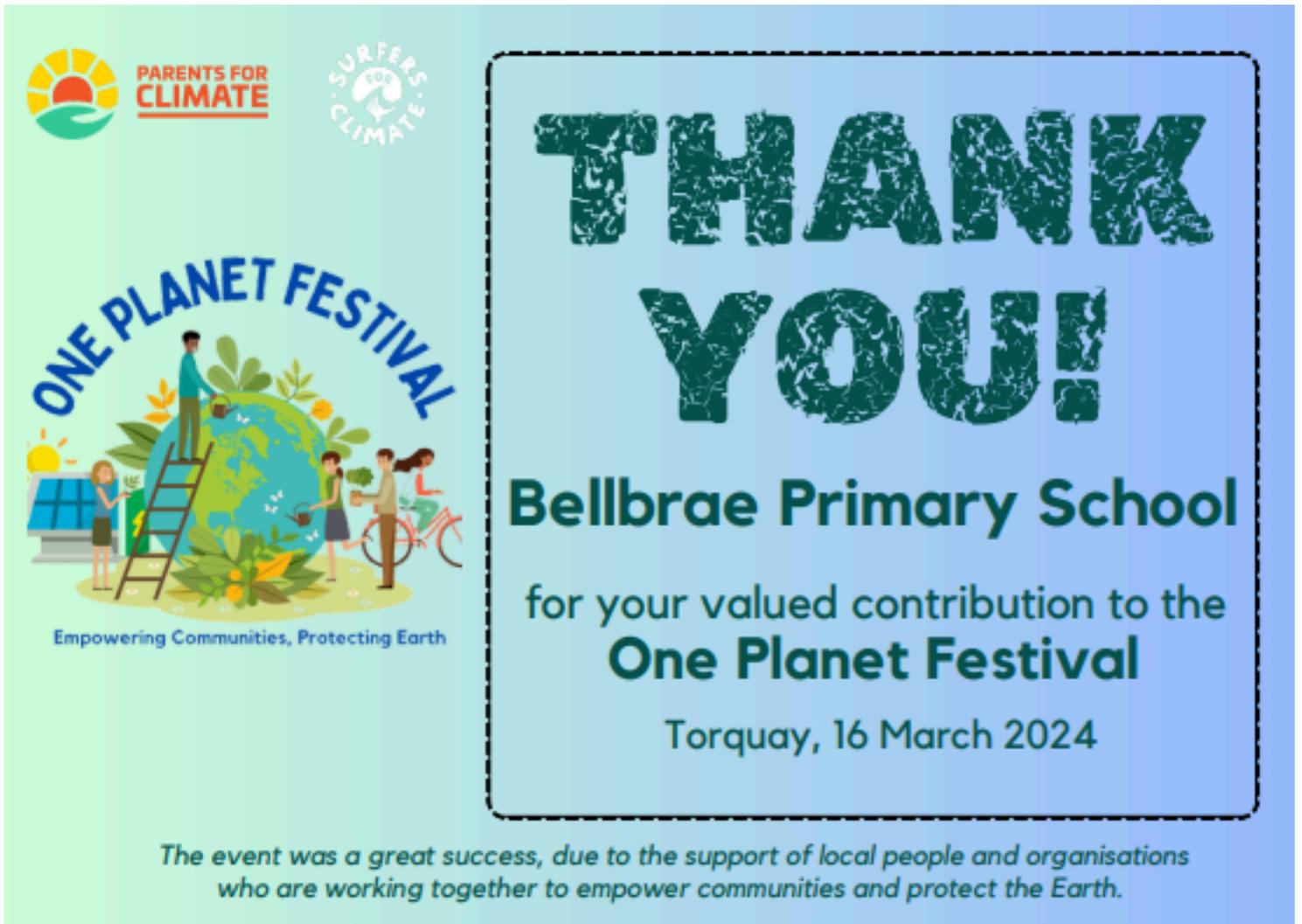
6TH MAY  
RUBY MCVERRY

7TH MAY  
COLTEN OAKLEY  
PHOEBE CRAWFORD  
ELSIE ECCLES

8TH MAY  
ELIZA THORNTON

9TH MAY  
JUNE PHILLIPS  
COCO HURLY





## SCHOOL WIDE POSITIVE BEHAVIOUR

### School Wide Positive Behaviour Weekly Update

Our whole school focus for Term 2 Week 3 and 4 will be showing our school value of **Respect - We consider the feelings of others**. All classes will engage in teaching and learning activities that explore:

- We think before we act and speak
- Use body language and facial expression to understand how others are feeling
- Pause to consider other people's point of view
- We understand that our words and actions have an impact



# VALUES AWARDS



ADELINE DYSON	FA	ASPIRE	For thinking about other people's feelings and sharing your ideas about how to care for others, with our class.
JAMES HOLLAND	FA	RESPECT	For your amazing effort to sound out words when writing.
MAC LAW	FB	ASPIRE	Congratulations Mac for a wonderful start to the Term, you consistently demonstrate a positive attitude to all areas of your learning. Well done!
LEILA ALAM	FB	RESILIENCE	Well done Leila, for your kindness, friendship and willingness to tackle all learning tasks with enthusiasm! We are very proud of you.
HANNAH DIXON	FC	RESPECT	For always showing kindness and consideration towards everyone around you. You are amazing Hannah!
JACK COLLET	FC	ASPIRE	For concentrating during learning time on the floor and trying your hardest in activities. Superstar effort, Jack!
WILLOW MORRISH	FD	ASPIRE	Well done for taking initiative around the classroom and taking on challenges with a positive attitude. Keep it up Willow!
SARI CROWE	FD	RESILIENCE	For demonstrating resilience and giving things a go with confidence. Well done Sari!
CHARLIE HERREEN	FE	ASPIRE	Well done Charlie for working very hard on you reading and improving so much! Keep it up!
LILY WILSON	FE	ASPIRE	Well done Lily on your improved reading skills! Your hard work is paying off. Keep it up!
ANASTASIA HENNESSY	1A	ASPIRE	For challenging yourself in all areas of learning and being a reliable role model in 1A
WEST RAHILLY	1A	RESPONSIBILITY	For participating in all learning activities and being responsible with your classroom jobs.
JUNIPER STEELE	1B	RESPONSIBILITY	For constantly displaying responsible behaviours in the classroom. You are a valued member of 1B
HARRIET MADELEY	1C	ASPIRE	For trying her hardest with learning activities in class. You listen well and are always enthusiastic. Well done Harriet!
LEILA UGRIN	1D	RESILIENCE	Demonstrating Resilience and doing hard things - well done!
ALBY CATIONS	2A	ASPIRE	For always aspiring to produce his best work on every task. Well done, Alby!
MAELYSE GOY	2A	RESPONSIBILITY	For always taking responsibility of her learning and giving her best to every task. Well done, Maelyse!
LUCY TORNEY	2C	ASPIRE	For always striving to achieve your absolute best during learning time and always challenging yourself in Maths. Well done, Lucy!
FINN HART	2C	RESPONSIBILITY	For always making excellent choices and taking charge of your own learning. Well done, Finn!

# VALUES AWARDS

HARPER MOLLOY	3A	RESPECT	For being a kind and respectful member of the class, always following classroom expectations.
NAPOLEON SAWYER	3A	ASPIRE	For being a positive and enthusiastic member of the class, who is always eager to learn and try his best.
WILSON BARRACLOUGH	3B	ASPIRE	For your consistently positive attitude towards to all aspects of school life, and for always aspiring to extend yourself in the classroom. Congratulations, Wilson!
BRIDGET FIESS	3B	RESPECT	For the wonderful way in which you've settled into Grade 3 at BPS, and for always striving to achieve your personal best during every learning opportunity. Keep up the outstanding efforts, Bridget!
EDEN BENNETT	3C	RESPECT	For always demonstrating our school value of respect towards classmates and teachers.
LOLA MUGAVIN	3C	ASPIRE	Always showing kindness and consideration to student's and staff. Keep it up Lola!
INDY MORDES WILSON	4A	RESPECT	Indy is a well-liked member of our class who uses her manners, listens to others, considers others feelings and always has a smile on her face! She respects others and consequently is well respected herself. Well done Indy
VASCO BONES	4A	RESPECT	Vasco always includes everyone in play or work, uses his manners when speaking to adults and considers other's feelings when acting alone or in a group. Congratulations Vasco.
QUINN O'LOUGHLIN	4C	ASPIRE	Consistently putting 100% effort into every activity at school. Great work Quinn!
LOLA M	4C	ASPIRE	Always showing kindness and consideration to student's and staff. Keep it up Lola!
HENRY LISTER	5A	ASPIRE	For making a fantastic start, and having a great attitude towards his information report on Austria
ARLIE COLE	5A	ASPIRE	For overcoming difficult equations in maths and always giving it her best effort. Well done!
ALICE PALMIERI	5B	RESPECT	Thank you for always showing respect whether it's following teacher's instructions, acting with kindness and care towards others or looking after school property. We appreciate you!
OLIVER EARLE	5B	ASPIRE	For taking learning risks and having a growth mindset, especially in maths. Well done and keep it up!
ALBY BRADSHAW	5C	RESPONSIBILITY	Having an excellent responsible attitude to all his learning. He is always a cooperative and helpful member of the class.
RIVER VIVIAN - TAYLOR	6A	RESILIENCE	For the growing confidence in your learning. You are seeking support and putting extra focus into your work, especially when it gets challenging. Keep it up River!
ASHLEN SCOWN	6A	ASPIRE	For the confidence you are displaying not only in your learning but in your leadership roles. You always lead by example so others can flourish! Well Done Ashlen!
IVY GARRARD	6B	RESPONSIBILITY	For showing enthusiasm, pushing herself as a learner and inspiring participation in others through her leadership qualities.
ADDIS O'LOUGHLIN	6B	RESPONSIBILITY	For being super organised and being a good role model as a learner to his peers.

## *e Smart update 3 – 2024*



### Technology (mobile application) update: Snapchat

## What is Snapchat?

Snapchat is a messaging app that lets you send images, videos or instant text messages to friends. These images, videos and messages are only available for a short period of time once they are opened. You can also use filters on your images and upload photo and video stories that last for 24 hours before they disappear. Businesses and organisations can create their own channels. Content posted to Snapchat is not as temporary as it may appear, as users can save chats or screenshot them without the sender knowing. Adult content can also be accessed in the app.

In August 2022, Snapchat introduced an in-app tool called Family Center, which will provide parents and carers with an insight into who their teens (13-17) are interacting with on Snapchat. Parents will not be able to access the content of their children's interactions, but they will be able to report any accounts of concern. Snapchat has created a video for parents and carers to find out more about how to sign up and use Family Center.



intended for anyone 13+



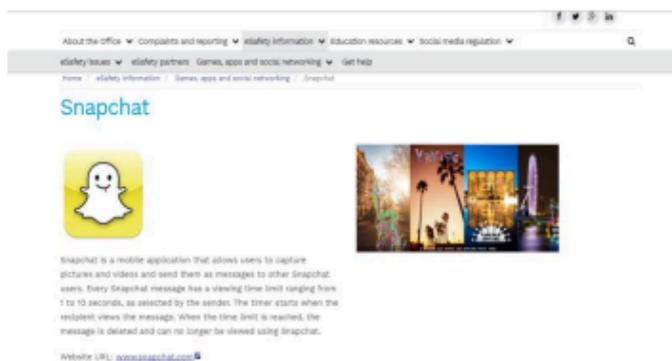
privacy settings you can adjust.



report cyber-bullying or abuse to snapchat.



block a user on a snapchat.



PLEASE BE AWARE OF THIS.....

### **Snapchat Etiquette**

Be kind and respectful to other Snapchatters. Be thoughtful about what you Snap, and don't send people anything they wouldn't want to receive.

### **Snaps Disappear, but...**

Remember, even though Snaps are designed to disappear, a friend can still grab a screenshot or take a picture with another device.

A reminder that the Office of Children's e-safety recommend that kids be 13+ to use these social media apps...reason being that research undertaken has found that kids do not have the mental age in primary school to use and deal with these forms of social media effectively. Please remind your children that the use of messaging services and harassing or having conversations regarding relationships is not appropriate. If asked to stop, the expectation is that the contact stops immediately. Also, re the receiver of messages; if uncomfortable, then it is important to ask the messenger to cease, and have a discussion with an adult for support if it is not ceasing. Contact the school if it continues and we will follow up with the necessary actions as stated in the Bellbrae Internet User Agreement, including contacting Senior Constable Robbie Noggler.

For more information, including ways to block content accessed by your kids, please log onto;

<https://www.esafety.gov.au/esafety-information/games-apps-and-social-networking/snapchat>

Mr O'Donnell

Year 4 & e Smart Bellbrae PS Coordinator

## City to Surf Cross Country

Well done to all of our students who participated in the City to Surf Cross Country on 19th of April. It was awesome to see the effort and encouragement of other students. We wish the following students the best of luck when they compete in the Regional Finals on the 14th of May:

James Barraclough

Tyler Cormack

Sahara Lowdon

Addis O'Loughlin

Alice Palmeri

Wren Rahilly

Ruby Williams



## Snow Sports

(Original Document is on Compass)

The 2024 Mogul Ski World Victorian Interschools Snowsports Championships are held at Mt Buller from the 19th-25th of August.

Please use the following link to view important information for the Victorian Competition:

<https://www.interschools.com.au/home-victoria/>

If you are interested in having your child compete, please email me your child's name and DOB, snow ID, events they wish to enter and division by June 6th.

[david.semianiw@education.vic.gov.au](mailto:david.semianiw@education.vic.gov.au)

If you do not have a snow ID please use the following link to create one: [Membership - Snow Australia](#) (you can create a new Snow ID after May 1st).

\*There is a \$30 team membership fee for each student to join the team. This is to release a teacher to complete the team entry and administration tasks.

## Regional Tennis Final

Congratulations to Naree Gow who placed 4th in the Geelong Regional Tennis Final on Monday. To progress to the Regional Final, Naree had won the City to Surf competition and placed first in the District Finals. She did this as a Grade 5 student competing against Grade 6s'. Well done Naree!

# WELL DONE!



# WELLBEING NEWS

Lunch Clubs are up and running and are extremely popular with students across all grades. Clubs offer our students an alternative to playing outside and provide opportunities for students to connect in with other students across all grades whilst completing an activity they enjoy.

Here are a few moments captured last term:



<b>Monday</b> Sport (in the gym) Your teacher will let you know when it is your classes week. 	<b>Tuesday</b> Library Club 
<b>Wednesday</b> Dance Club (BER)  Drawing Club (STEM Room) 	<b>Thursday</b> STEM Club (STEM room)  Gardening Club (Nature Play) 



**LUNCH TIME**

**CLUBS**



# ONE WAVE



This year we were again very lucky to receive a visit from the OneWave Mental Health Promotion program, in conjunction with the World Surfing League and Rip Curl Pro.

They provided two presentations to promote their message to all students, about looking after our mental health. Some of the discussion points included:

- "Stoke Factor" check in – how are you feeling from 1-10?
- Why am I feeling this way?
- How can I "free the funk"?
- What is your happy place?
- What are you grateful for?
- It's okay not to be ok
- You can feel two things at once
- Talk to someone you trust
- It's cool to be kind – how to support each other
- How to calm your mind, or up your energy (including practicing box breathing together)

Students had the opportunity to share their own tips for positive wellbeing and there was great engagement with the content, and some amazing FLURO!





## READY TO LAUNCH: PARENT/CARER WORKSHOP

Bellbrae PS values the relationship they have with parents and carers and have taken the opportunity to invite you to an online parent carer workshop. We hope you are able to sit back with a cuppa and join us for the first of two workshops that will run in 2024 for your school community.

As Grown ups our job is not to build a future for our children but to equip them with the tools they require to build a future of their own.

### Topics:

- Importance of connections with school, community & environment
- Importance of rolemodelling
- Supporting our Children as they navigate emotions
- Building healthy & respectful relationships
- Teaching Children to sit with disappointment
- Where to go when worry happens

 7.00-8.30pm  Wednesday 22 May

 Online via Zoom - click [HERE](#) to join

### With:

### LEIGH BARTLETT

This is a BATForce/SFYS presentation delivered by Leigh who has a background in education, wellbeing, sports coaching & has practiced the content on a few kids of her own. Leigh has presented many community workshops with Students, Families and Professionals.

REGISTER NOW WITH  
YOUR SCHOOL





## YARD BUDDIES

Our amazing Yr 5 students have now commenced their "Yard Buddy" duties and are doing a fantastic job supporting younger students!



Someone to walk/talk/play with during lunchtimes



A friendly face to go to



Helping with small problems, or getting yard duty teacher assistance



Building belonging





# Bellbrae Business Directory

Showcasing local businesses who support Bellbrae Primary

[www.bellbraebusinessdirectory.com.au](http://www.bellbraebusinessdirectory.com.au)

Do you need a window cleaner, trades, financial advice, or a real estate agent? Visit the Bellbrae Business Directory to view a list of local Surf Coast businesses that can help you.

**Please join us in supporting the businesses who support us.**

## Business Categories

- Health
- Trades & Services
- Retail & Hospitality
- Sport, Recreation & Fitness
- Finance & Legal
- Business Services
- Tourism
- Education & Training
- Pets & Animals
- Property & Construction
- Event Services
- Beauty & Massage
- Marketing & Advertising
- Activities & Hobbies

[www.bellbraebusinessdirectory.com.au](http://www.bellbraebusinessdirectory.com.au)

**List your  
business  
NOW**

via the website



# Lunch orders



## Canteen

Wednesday, Thursday

ONLINE ORDERS



By 9.30AM DAILY



\*\*\* Reminder to complete your order. You must get to the payment section to complete. If you do not receive a payment confirmation and canteen order number via email, your order will not have been processed. (See below) \*\*\*

Compass  
Canteen order - 20225224000641

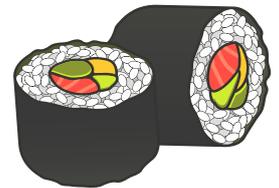
CompassPay  
Payment Confirmation

## Canteen - Specials

Please see canteen menu on the Compass App

## Sushi Tuesdays

Online Only by 8pm Monday Nights [healthysushi.square.site](http://healthysushi.square.site)



# COMMUNITY NEWS

## MELI

### Drop-In Service Surf Coast



Meli drop-in service provides free support to families and does not require an appointment or referral.

Our drop-in service provides free support to families who:

- are experiencing family challenges and need support
- would like to increase their skills as parents
- are experiencing mental health or substance use challenges
- need support to reduce adolescent violence and aggression in the home
- may be seeking information or support with referrals to other services

#### DETAILS

**LOCATION** Kurrabee Myaring Community Centre (KMCC)  
12 Merrijig Drive  
Torquay

**WHO** Parents/Carers/Families

**Family Support Drop-in**  
Monday 8.30am-12.00pm  
Amy Godfrey  
☎ 0491 092 058

**Mental Health/Alcohol & Other Drugs (AOD) Drop-in**  
Tuesday 1.30pm-4.00pm  
Kate Fitzsimmons  
☎ 0403 781 821

#### CONTACT

**Early Steps Drop-in**  
Friday 8.30am-12.00pm  
Sianna Lloyd  
☎ 0490 783 046

SMS and phone calls welcome

**COST** FREE (no referral required)  
Support people welcome

For more information please call Meli on 5226 8900.

meli.community meli.community

groups@meli.org.au

## SIMPLIFY & SORT

"Where Clutter Ends, Calm Begins"

Are you a busy person, do you run a busy household?  
We are here to help you.

If you don't have time, we do!

- ✿ Refresh & de-clutter your living spaces
- ✿ Help with downsizing/relocating
- ✿ Personalized service
- ✿ Eco-friendly practices

Whether its one cupboard, one room or the whole house.  
We can help you regain functional flow & order.

We are reliable, super efficient & friendly

Contact us today. Let's get started!

0493-828-736

simplifyandsort@gmail.com



# COMMUNITY NEWS

Attention women 18 +

Presentation to be held on Thursday 9th May at the Torquay Library from 6 - 7pm

Please register at [www.grlc.vic.gov.au](http://www.grlc.vic.gov.au)

## Sometimes words are not enough...

If you would like to learn more about Creative Arts Therapy, for yourself or for someone you know, please come along.



Who: Women 18+  
Where: Torquay Library  
When: Thursday 9th May  
Time: 6-7pm



My name is Anna Nielsen, a qualified Creative Arts Psychotherapist working with adult women, based in the beautiful Wadawurrung Country on the Surf Coast.



I will be presenting on; how I work, who I work with, and my knowledge on the benefits of Creative Arts Therapy. I will provide educational sharing, space and time for Q&A, and a hands on interactive activity.

### What I Do

I work with adult women to help improve wellbeing, women who are experiencing all kinds of challenges. Some examples of this might be feeling overwhelmed, trauma, depression, anxiety, self-doubt, relationships, stress, worry, grief and loss, isolation, and loneliness.

### How I Work

I combine talk therapy and creative art expression, focusing on non-verbal self-expression to connect with internal experiences. This approach includes using various art materials like paints, sand, clay, or even body movement, offering numerous ways for individuals to express feelings without relying solely on words.

### Who It Benefits

If you are a female over 18 years old feeling stuck, indecisive, unsure, worried, stressed, anxious, or overwhelmed, lacking direction, motivation or self-confidence, then Safe Space is for you!



Register at:  
[www.grlc.vic.gov.au](http://www.grlc.vic.gov.au)



## GEELONG 20 YOUTH 24 AWARDS AWARD CATEGORIES



The Geelong Youth Awards aim to recognise and celebrate young people and volunteers who have made and/or are currently making significant contributions in the areas of leadership, innovation, cultural awareness, community work, sport, arts, music and youth development.

The awards are open to young people aged between 12 and 25 years who live, work, learn or play in the City of Greater Geelong.

### ACTIVE ACHIEVEMENT AWARD

This category recognises a young person whose involvement in sport and recreation has had a positive impact.

Nominees may have demonstrated:

- The ability to inspire others in a positive way through their chosen sport
- Volunteering or acting as a role model that encourages and supports others to participate
- A strong dedication and achievement within their chosen sport

### ARTS & MUSIC AWARD

This category recognises a young person who has demonstrated hard work, creativity and passion in their art and engaged the community through various mediums including visual arts, music, writing, sculpture, theatre or film.

Nominees may have demonstrated:

- The ability to inspire others in a positive way through their art or music
- Provided a contribution to the community through their art
- Contributed to creating a vibrant and creative art or music community, this may include the organisation of music, art events or collectives

### CITIZENSHIP AWARD

This category recognises individual young people that may be described as champion due to their involvement and dedication to empower others.

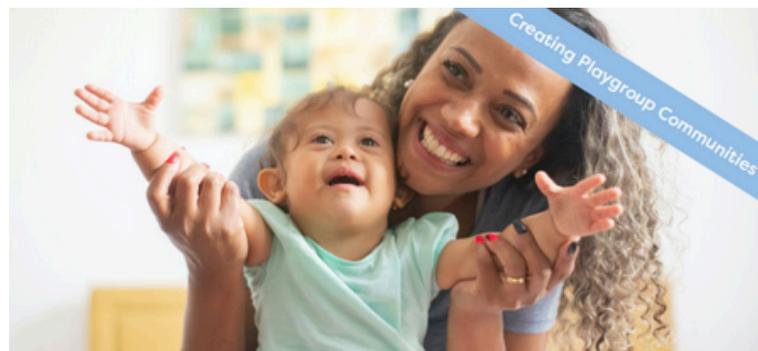
Nominees may have demonstrated:

- A significant contribution to the local community
- Used their skills and positive attitude to connect and empower others
- Mentor other young people and engage them to participate in the community



Scan the QR code or visit [geelong.link/YouthAwards](https://geelong.link/YouthAwards) for more information on the awards or to nominate a young person. For more information call us on 5272 6520 or DM us on socials @geelongyouth

Nominations close 12 May 2024



## PlayConnect+

Supporting Families With Children With a Disability or Developmental Concern

Torquay Children's Hub  
27 Grossmans Road, Torquay  
Tuesdays 9:30am - 11:30am

PlayConnect+ playgroups are open to all children with disability and/or developmental concerns aged 0-6 years. Our playgroups are for children, their families, carers and siblings. No diagnosis is required. All sessions will be facilitated by qualified professionals. PlayConnect+ playgroups are a great way for families to connect, share knowledge, ideas, and have fun!

Register your interest with our local facilitator  
Helen Puntton  
hpuntton@playgroup.org.au  
Ph: 0472 722 587



🌐 [playgroup.org.au](https://playgroup.org.au)    📱 @playgroupvicofficial  
☎ 1800 171 882    📍 /playgroupvic



### CULTURAL AWARENESS AWARD

This category recognises a young person who has contributed to creating a vibrant and diverse cultural community.

Nominee may have achieved outcomes in:

- Promoting the inclusion and participation of young people from Culturally Diverse backgrounds in community life
- Encouraging and promoting initiatives for the wider community that enhances community cohesion and understanding of other cultural practices
- Planning and delivering cultural celebrations across the municipality

### INNOVATION AWARD

This category recognises and celebrates the effort of a young person who strives to make change through innovative projects, inventions or initiatives that have made a significant impact.

Nominees may have achieved outcomes in:

- Digital technology
- Social entrepreneurship and/or small business start ups
- Initiatives promoting eco-friendly practices and environmental sustainability
- Innovative use of social media platforms to raise awareness and advocate for change

### INSPIRATION AWARD

This category recognises a young person who can be described as an inspiration for others.

Nominees may have demonstrated:

- Resilience to overcome challenges and have used their experiences to guide and motivate others, or pursued careers in a demanding field despite facing obstacles in their lives
- Strength to improve the lives of others by displaying admirable qualities of empathy and kindness
- Caring duties for a family member, relative or friend with a disability, mental illness or chronic condition

### LEADERSHIP AWARD

This category recognises a young person who has demonstrated leadership within their community through school, work or other pursuits/contributions and is regarded by others as a good example to follow.

Nominees may have achieved outcomes in:

- Encouraging other young people
- Advocating for others in the community
- Promoting respectful and positive behaviour/attitudes
- Volunteering or getting involved in various activities with a focus on community participation and social connectedness

### UNsung HERO AWARD

This category recognises a young person who can be described as having a positive attitude, a willingness to help and a commitment in doing so.

Nominees may have demonstrated:

- An eagerness to work quietly behind the scenes with a positive 'can do' attitude and who consistently go the extra mile
- Untraditional leadership roles, who may not even know they are a leader among their peers, at home or in their community
- Young people who are making a difference but not in a way that would usually get them recognition

### VOLUNTEER AWARD - WORKING WITH YOUNG PEOPLE

This category recognises any person who works on a voluntary basis with young people.

This award is open to all ages.

Nominees may have:

- Volunteered their time in existing programs to mentor young people
- Exceptional leadership in supporting a young person or youth group
- Inspired, encouraged and supported a young person to develop their ideas and activities
- Broken down barriers for young people to participate through their volunteering endeavours
- Have positively impacted others in the community



Scan the QR code or visit [geelong.link/YouthAwards](https://geelong.link/YouthAwards) for more information on the awards or to nominate a young person. For more information call us on 5272 6520 or DM us on socials @geelongyouth

Nominations close 12 May 2024



Kids interested in playing fun and friendly **netball** in Torquay?

Surf Coast Netball Association winter season starts in term 2.

Beginners: 7-10 years

Juniors: 12 & under and 14 & under

New teams welcome. All games at Wurdi Baierr stadium.

More info at [www.scna.net.au](http://www.scna.net.au)

Register interest or enquiries please email: [info@scna.net.au](mailto:info@scna.net.au)



*Australian*  
**Air League**  
Geelong Squadron



**FUN, FRIENDSHIP  
& FLYING  
SINCE 1934**

Join us

Tuesday Nights 7pm - 9pm

Cobradah Community Homestead,  
Bell Post Hill



**JOIN  
TODAY!**



#### ABOUT US

The Australian Air league is a youth organisation for girls & boys aged 8 - 18 yrs which encourages interest in aviation as a career or as a hobby.

Cadets learn practical and theory aviation, life skills, team building, personal development, leadership skills, as well as take part in outdoor activities such as Flying & Gliding.

#### PARTICIPATE IN LESSONS & ACTIVITIES SUCH AS:

- Theory of Flight
- Aircraft Recognition
- Gliding and Soaring
- Building Model Aircraft
- Flight Simulators
- Drill
- Engineering
- Ranks & Badge Achievements

#### COMMUNITY ACTIVITIES:

ANZAC Day March  
Remembrance Day  
Australian International Airshow  
Community Service

**FOR FURTHER  
INFORMATION,  
PLEASE CONTACT US  
USING THE DETAILS  
PROVIDED BELOW**

[www.airleague.com.au](http://www.airleague.com.au)

Phone:  
1 800 502 175

E-mail:  
[info@airleague.com.au](mailto:info@airleague.com.au)



TORQUAY THEATRE TROUPE PRESENTS

## THE EFFECT

By Lucy Prebble

Directed by Douglas Montgomery

**June 6 - June 15**

Shoestring Playhouse  
77 Beach Rd Torquay  
Tickets \$27/\$25



[trybooking.com/CQRCH](http://trybooking.com/CQRCH)

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The Surf Coast Family Hub offers specialist care that is individually-tailored and enables continuity of support for families from the Surf Coast and beyond. Our multidisciplinary team offers perinatal support, addressing the wellbeing needs of people from pregnancy through to parenthood, along with general support for individuals and families facing challenging times. We work with infants, children, adolescents, individuals, couples and families.

Wherever you are in your journey, let us support you.

#### MAKE AN APPOINTMENT TODAY:

Jan Juc Village  
16 Princes Terrace  
Jan Juc

0491 184 788

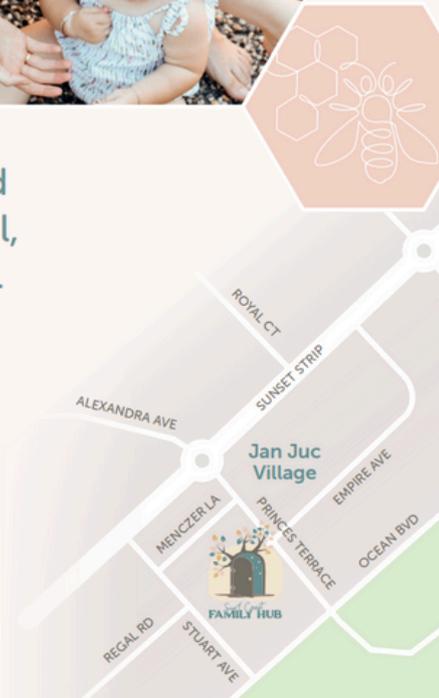
[www.surfcoastfamilyhub.com.au](http://www.surfcoastfamilyhub.com.au)



## Holistic, evidence-based care to support perinatal, child & family wellbeing.

#### OUR SERVICES:

- Perinatal & General Psychology
- Child/Adolescent Therapy
- Couples Therapy
- Massage
- Acupuncture
- Midwifery Continuity of Care
- Pregnancy/Birth/Postpartum Education
- Music Groups



## Rain, Hail or Shine – It's Footy Time ! Come and Play for the Aireys Inlet Eels U10 & U12s

.....an inclusive little club with a lot of heart

We would love some extra players for our U/12s in particular .....Home Games played at Bellbrae Reserve. Training in Aireys (but potential to have U/12s once a month at Bellbrae) Smaller team = lots of match time! ....and a lovely relaxed cub atmosphere !!

#### KEY DATES for 2024

Wed 20<sup>th</sup> March - First Training (4pm-5pm - U/10s Skate Park, U/12s Aireys PS)

Wed 17<sup>th</sup> April - Jumper Presentation (Aireys Pub 5.30pm after training)

Sat 20<sup>th</sup> April - First Match (Venue TBA.... Home Games at Bellbrae Reserve)



**\$75 membership fee for the season (Jumper supplied)**  
**Come along and be part of the Mighty Eels.... Or pop along to training to have a go!**



If you have any questions at all please call  
Leo Renkin 0407065500 or Narelle Day 0468563277 or Liz Currie 0437213229



## Noah's Ark Geelong Everyday Learning and Therapy

Are you looking for services to support your child?  
If so, we have spaces available for...

### Physiotherapy

**We are accepting bookings NOW for a February/March start!**

#### What can you expect from our Physiotherapists?

Our Physiotherapists will work with you to find fun ways to support your child's physical development and movement, such as rolling, sitting, crawling, walking, jumping, hopping and climbing.

Our Physiotherapists can also assist with physical skills such as strength, endurance, walking difficulties, balance or coordination. They will work with you to help your child to develop these skills at home, the local park, pre-school, swimming lessons, preschool and school.

If your child needs specialist equipment to help them get around, join in, or to be more independent, they will assess your child's needs and help you find the supports



## Noah's Ark Geelong Everyday Learning and Therapy

Are you looking for services to support your child?  
If so, we have spaces available for...

### Occupational Therapy

**We are accepting bookings NOW for a February/March start!**

#### What can you expect from our Occupational Therapists?

An Occupational Therapist can help your child build their independence in everyday activities such as eating, dressing, toileting, sleeping and joining their friends in play.

We'll help you find fun and motivating ways to develop your child's skills such as holding a spoon or pencil and using scissors at home, pre-school or school.

Our Occupational Therapists help you to understand your child's sensory needs and find ways that support them to improve their attention, enjoyment and success in their preferred everyday activities.

We can also support your child's independence through home modifications or assistive technology where suitable. Our Occupational Therapists can help you find the support that suits your child and family life needs.

To register interest in joining Noah's Ark Geelong, scan the QR code or visit the Therapy Services page of our website.



## WOMEN'S HEALTH TORQUAY

1a Fischer Street  
Torquay

PH: 03 9828 7550

womenshealthtorquay.com.au

Women's Health Torquay –  
Created by women  
for women.



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**PEOPLE OUTDOORS**  
Adventure for all



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